

David's Cancer Was Caught Early Thanks to Your Support

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Long-term Nassau County resident David* regularly attends the Barnabas Center Callahan satellite health clinic for his medical needs. After years of smooth visits, a routine check-up created a cause for concern when doctors discovered a nodule in his lung. Soon after, it was confirmed David had lung cancer.

David and his wife Karrie faced many questions after the diagnosis. How far along was the lung cancer? Where would they get it treated? Most importantly, what do they do next?

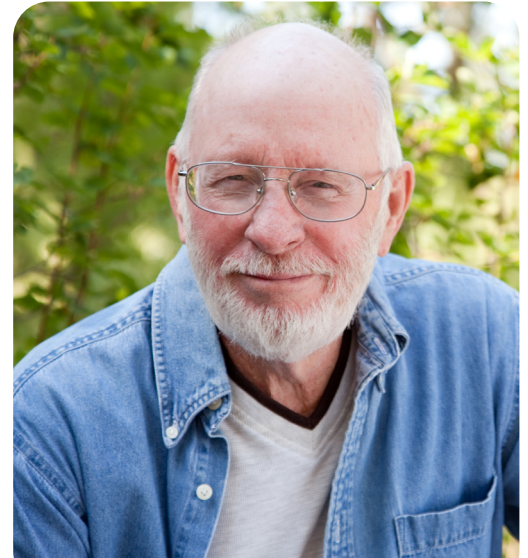
Luckily, the practitioners at Barnabas Center quickly reacted to David's diagnosis. Megan, a Barnabas Center nurse practitioner, swiftly referred him to Ackerman Cancer Center where David could begin his treatment. The cancer treatment center is a proud partner of Barnabas Center that takes in many of our patients who come to us in need.

Megan ensured she was available for David and Karrie, addressing any questions they had regarding his treatment. At Barnabas Center, our medical team is dedicated to providing both medical and emotional support to our patients throughout their journey.

"Barnabas Center saved my life: without them, I wouldn't be here today, and for that, I am profoundly grateful," David said.

David's gratitude toward Barnabas Center extends far beyond the work of the medical personnel at the clinic. He thanks all the generous donors whose contributions have sustained the Callahan satellite clinic, recognizing that without it, his lung cancer may have gone undetected.

Donors like you play a crucial role in making healthcare accessible, ensuring organizations like Barnabas Center can continue saving lives and offering quality, compassionate care to our community. Thank you for your compassion towards others.



David is on the road to recovery thanks to the quick actions of the Barnabas Center health services team.

Your Donations Gi

Dear Friends,

As the flowers bloom and the sun shines brighter, we are reminded of the resilience and hope that spring brings. Our new community garden is a testament to this spirit, showing signs of life and growth that mirror the transformation happening within our community.

Amidst the excitement of upcoming vacations and family gatherings, it's crucial to pause and think about those among us facing greater challenges. Our neighbors in need are burdened with the worries of increased costs and how to make ends meet. Instead of engaging in fun spring activities, they're coming to Barnabas Center in search of a helping hand to lighten their load.

Your support enables us to extend that hand, assisting struggling individuals like David and Esther, whose stories are shared in this newsletter. Your generosity empowers them to overcome obstacles and maintain their health and dignity along the way.

We want to express our deepest gratitude for your continued support of Barnabas Center. Your gifts not only make a difference in the lives of those we serve but also embody the true spirit of community and compassion.



Jamie Reynolds
Jamie Reynolds
President & CEO



Wayne McLellan
Wayne McLellan
Board Chair



Thank you to Lorraine and Ed Cranston for establishing the Florence and John Cranston Cancer Fund at Barnabas Center, ensuring top-tier patient care at our health clinic for our community in need.



Thank you to everyone who attended this year's Hometown Heroes Fashion Show! Every dollar raised serves as a lifeline for Barnabas Center's clients/patients. Through our empowerment programs, nutrition services and health services, we strive to uplift and support individuals facing various challenges.



ve Help and Hope

Your Donation Keeps Esther's Lights On

Many Nassau County residents face mounting bills each month that force them to choose between keeping the lights on or putting food on the table. Esther* found herself in a deep hole when she received a staggering \$800 power bill and only had \$81 in her bank account. The weight of the financial strain and the threat of her power being disconnected challenged her sense of security and stability. Desperate for assistance, she turned to Barnabas Center for help.

One phone call turned into a lifeline for Esther.

On the other line was Joyce, a Barnabas Center employee who started Esther on the road to assistance. Joyce walked Esther through the steps in receiving financial help for her power bill.

"Miss Joyce listened to my story and said she would find a way to help," said Esther. "She truly felt like a friend."

Esther expressed her gratitude for Joyce's kindness and understanding. She appreciated how Joyce never made her feel embarrassed for seeking help. The two bonded over Joyce's genuine care and the safe space she provided for open dialogue and support.

Our compassionate approach reflects Barnabas Center's dedication to treating everyone with respect and dignity. Thanks to our donors' support, Esther received the financial assistance she desperately needed to pay her looming \$800 power bill. This support ensured that the lights remained on in her home, providing comfort and security for Esther and her daughter.

"Together we're able to provide crucial assistance and instill a sense of hope during a challenging time," Joyce said.

Esther's story is a testament to the impact of community support and the transformative power of compassion. With a helping hand from Barnabas Center and the generosity of donors, Esther's journey from desperation to stability shows the importance of lending a helping hand to those in need.



Esther is grateful to Barnabas Center for helping her when she had nowhere else to turn.

New Community Garden Supports Barnabas Center Nutrition Services Program

Barnabas Center is proud to introduce our new “Seeds of Hope” garden to our community! The space, funded by a generous anonymous donor, is a new, active way for our organization to provide fresh fruits and vegetables to participants in our Nutrition Services program.

The community garden features raised beds, a composting area and seating in the rear part of Barnabas Center’s property on Jasmine Street. It will provide a steady supply of fresh food to our food pantry and education in gardening skills, sustainable agriculture and healthy eating habits (in part with our diabetes self-management courses). It also serves as a therapeutic space fostering community collaboration.



Our garden is growing potatoes, radishes, cucumbers, green onions and more.

Additionally, in consulting with local horticultural experts, the garden was specifically built in an efficient and sustainable manner. This will ensure our volunteers follow organic gardening techniques, water conservation measures and composting practices.

Your generous financial contributions enable us to take our programs to the next level.

This new community garden will help Barnabas Center address food insecurity issues in our local community – and much more.

“With the support from our community, we will provide even more fresh produce for hungry families in our area,” community garden volunteer and Barnabas Center Board of Directors member Omar Diaz Siaca said.

Please join us as we embark on a journey to cultivate hope and community resilience through the establishment of our “Seeds of Hope” community garden. We extend a warm invitation for you to explore this sanctuary, where seeds of potential flourish into sustenance and unity. Come witness the power of growth and connection!

Your Donations Give Help and Hope

Barnabas Center is a 501(c)(3) tax-exempt organization. For questions about programs, donations or planned giving opportunities, please contact Tania Yount at **904.261.7000** or **tyount@BarnabasNassau.org**.



Your gifts help provide food, clothing, housing/utility assistance and medical and dental care for those in need.

*Stories contained within the publication are representative of the participants served throughout Barnabas Center’s wide array of programs. Names and photos have been changed for privacy.



1303 Jasmine St., Suite 101 • Fernandina Beach, FL • BarnabasNassau.org • 904.261.7000